

## Methodological quality checklist for studies based on observational methodology (MQCOM)

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### Abstract

**Background:** No existing instrument addresses the minimum number of items that guarantee methodological quality in studies based on observational methodology. Consequently, professionals who are not experts in observational methodology do not have a basic framework to guide their practice in this type of study. This study developed a checklist to measure the minimum number of items for methodological quality that studies based on observational methodology should consider and provided evidence of their validity based on test content and intercoder reliability. **Method:** Fifty-four judges with at least 1 year of experience in observational methodology and research based on this methodology evaluated the items of the developed checklist in terms of relevance, usefulness, and feasibility. Items were selected if they obtained at least .5 in the Osterlind indexes of the three aspects evaluated. Two coders applied the selected items to a random selection of articles that used observational methodology to investigate soccer, and intercoder reliability was examined using Cohen's kappa ( $\kappa$ ) coefficients. **Results:** The final checklist included 16 items grouped into 11 criteria/dimensions, with adequate reliability coefficients. **Conclusions:** This study developed a useful instrument for non-expert professionals to enhance the methodological quality of studies based on observational methodology.

**Keywords:** Methodological quality, observational methodology, checklist, intercoder reliability, validity evidence based on test content.

### Resumen

**Checklist de calidad metodológica para estudios basados en metodología observacional. Antecedentes:** no existen instrumentos referidos a los ítems mínimos que garanticen la calidad metodológica en estudios basados en metodología observacional. En consecuencia, los profesionales no expertos en metodología observacional no disponen de una guía básica que oriente su práctica en este tipo de estudios. Se desarrolló una escala para medir los ítems mínimos de calidad metodológica que deben considerar los estudios basados en metodología observacional aportando evidencias de su validez basada en el contenido de la prueba y fiabilidad intercodificadores. **Método:** cincuenta y cuatro jueces con al menos un año de experiencia en metodología observacional y su aplicación evaluaron los ítems del checklist elaborado respecto a su relevancia, utilidad y viabilidad. Se seleccionaron aquellos ítems que obtuvieron al menos .5 en los índices de Osterlind en los tres aspectos evaluados. Dos codificadores los aplicaron a una selección aleatoria de artículos que utilizaron metodología observacional en fútbol y se estudió la fiabilidad intercodificadores mediante coeficientes kappa ( $\kappa$ ) de Cohen. **Resultados:** la escala resultante constó de 16 ítems agrupados en 11 criterios/dimensiones, con coeficientes de fiabilidad adecuados. **Conclusiones:** se desarrolló un instrumento útil dirigido a profesionales no expertos para potenciar la calidad metodológica de estudios basados en metodología observacional.

**Palabras clave:** calidad metodológica, metodología observacional, checklist, fiabilidad intercodificadores, evidencia de validez basada en el contenido del test.

This paper is product of the results of meta-analyses conducted by our research group over the past 30 years, which investigates methodological quality in studies using observational methodology. Previous related results were published in 2015, 2016, and 2018, wherein we reviewed the literature about methodological quality of primary studies in meta-analysis and presented protocols for conducting and reporting studies based on observational

methodology. These advances have been presented regularly in meetings organized by the European Association of Methodology (EAM), *Asociación Española de Metodología de las Ciencias del Comportamiento* (Spanish Association of Methodology in Behavioral Sciences, AEMCCO), *Methodological Advances in Social Interaction* (MASI), and the Society for Research Synthesis Methods (SRSM).

This paper focuses on studies based on observational methodology, which provide a systematic and quantified recording of behavior in its natural context using non-standardized instruments, and can be adapted to any context (Anguera, 1979, 1996, 2003a). Such studies are different from those referred to in literature as *observational studies*, which usually involve implementation of a treatment or intervention without random

assignment of participants to conditions (e.g., cohort studies, case studies, cross-sectional studies, etc.).

Studies based on observational methodology have made enormous progress because of the great advances in software for record and analysis of data and because of the applicability of the studies to different areas of intervention, such as the social field (Santoyo, Jonsson, Anguera, & López-López, 2017), education (Gimeno, Anguera, Berzosa, & Ramírez, 2006), sports (Garzón, Lapresa, Anguera, & Arana, 2011), communication (Castañer, Camerino, Anguera, & Jonsson, 2016), nutrition (Pesch & Lumeng, 2017), or clinical fields (Ruiz-Sancho, Froján-Parga, & Galván-Domínguez, 2015), among others.

Different guides are available for reporting studies based on observational methodology (Chacón-Moscoso et al., 2018; Portell, Anguera, Chacón-Moscoso, & Sanduvete-Chaves, 2015). Additionally, comprehensive guides regarding the quality of observational studies (i.e., those that examine intervention effectiveness without random assignment of participants to conditions, as described previously) have been developed (Dreyer, Bryant, & Velentgas, 2016; Vandenbroucke et al., 2014). However, no instrument has yet addressed the minimum items required to guarantee methodological quality in studies based on observational methodology (i.e., systematic and quantified recording of behavior in its natural context, without implementation of a treatment or intervention) (Anguera, 2003b). Consequently, professionals who are not experts in observational methodology do not have a basic framework to guide their practice when performing this type of study.

This work aimed to develop a checklist to measure the minimum items of methodological quality that should be considered in studies based on observational methodology. The checklist would further clarify the general guidelines presented in the Guidelines for Reporting Evaluations based on Observational Methodology (GREOM), which presents only general advice about how to conduct and report evaluations based on observational methodology (Portell et al., 2015). The present work, in contrast, intended to explicitly identify the main methodological quality items needed to conduct studies based on observational methodology, and to offer the results as a useful tool for authors performing studies and reviewers making publication decisions. Two stages were involved in developing the checklist: (a) Stage 1, validity evidence based on test content, in which we examined the items of the proposed tool, titled the Methodological Quality Checklist for studies based on Observational Methodology (MQCOM), according to the indicators of relevance (R), utility (U), and feasibility (F) (Muñiz & Fonseca-Pedrero, 2019); and (b) Stage 2, intercoder reliability (Cohen, 1960).

#### STAGE 1: VALIDITY EVIDENCE BASED ON TEST CONTENT

##### Method

##### Participants

From among a database composed of 102 experts, 54 judges voluntarily participated. The database included academic professionals with at least 1 year of specialist experience in observational methodology and its application in sports. Recruitment was done by searching for authors of scientific articles on systematic observation in sports published from 2015 to 2018.

The participants were between 25 and 75 years of age,  $M = 49.5$ ,  $SD = 12.7$ , and included 33 men (61.1%) and 21 women (38.9%). They had between 1 and 40 years of experience in observational methodology,  $M = 15.3$ ,  $SD = 9.7$ , and between 2 to 35 years of experience in the application of observational methodology,  $M = 14.3$ ,  $SD = 9.1$ . With respect to experience, the group of participants was considered homogeneous. A statistically significant positive correlation was found between years of experience in observational methodology and years of experience in its application,  $r = .719$ ,  $p < .001$ .

##### Instruments

An earlier study (Chacón-Moscoso et al., 2018) established the main criteria/dimensions to consider when reporting studies based on observational methodology and a list of items to measure them, based on three information sources: (1) a systematic review (Chacón-Moscoso, Sanduvete-Chaves, & Sánchez-Martín, 2016); (2) the GREOM (Portell et al., 2015), and (3) studies based on observational methodology found in 12 databases, which were of interest because of their content (Anguera & Hernández-Mendo, 2015).

This study selected and modified all items that assessed the methodological quality of studies (e.g., “Appropriateness of the instrument to the observational design”) to develop the new instrument. Merely descriptive items (e.g., “Sport modality: individual or team”) were omitted.

Table 1 presents the final version of the items that were presented for expert assessment to establish validity evidence based on test content, the goal being to determine which main methodological aspects should be considered in studies based on observational methodology. A total of 20 items were included that referred to 11 criteria/dimensions. Each was adjusted to successive decisions to follow the process of observational methodology: delimitation of objectives, observational design, participants/observation units, observation instrument, software use, data, specification of parameters, observational sampling, data quality control, data analysis, and interpretation of results (Anguera, Blanco-Villaseñor, & Losada, 2001; Anguera, Blanco-Villaseñor, Losada, & Portell, 2018; Chacón-Moscoso et al., 2018; Portell et al., 2015). Some criteria/dimensions consisted of only a single item because they were considered necessary to highlight the difference between items belonging to separate conceptual/methodological domains.

To examine the validity of the tool based on test content, each item was assessed by the experts on a 5-point Likert scale (Chacón-Moscoso et al., 2018; Sanduvete-Chaves, Chacón-Moscoso, Sánchez-Martín, & Pérez-Gil, 2013) in terms of three aspects with respect to its criterion/dimension (Martínez-Arias, Hernández, & Hernández, 2006). R assessed the extent to which each item was important or highlighted something regarding its criterion/dimension; non-relevant items should not be included in an instrument (Messick, 1994). U assessed how useful each item was for evaluating its assigned criterion/dimension. This aspect relates to consequential validity; an appropriate instrument must be useful to obtain the respective aim (Messick, 1989). Finally, F was understood as the possibility of recording information about each item, based on both situational factors (e.g., global attrition would be non-applicable to idiographic studies) and availability of information (information is usually given). This aspect is considered crucial in program evaluation (Chacón-Moscoso,

Table 1

Methodological Quality Checklist for studies based on Observational Methodology (MQCOM) and the Osterlind indexes obtained in Stage I, Validity evidence based on test content			
ITEMS	R	U	F
Criterion/dimension 1. Delimitation of objectives			
Item 1. Reference to observational methodology, specifying whether observation is direct or indirect: 0) Methodology is not referenced; .5) Yes, justified but not documented; 1) Yes, justified and documented.	.81	.74	.80
Item 2. Delimitation of study objectives: 0) No objectives are defined; .5) Objectives are defined behaviorally, situationally, or temporally (at least one of the three referents is missing); 1) Objectives are defined behaviorally, situationally, and temporally.	.89	.86	.87
Item 3. Theoretical framework referenced: 0) No; .33) Yes, without operationally defined constructs; .67) Yes, with partially operationally defined constructs; 1) Yes, with completely operationally defined constructs.	.75	.66	.66
Criterion/dimension 2. Observational design (Portell, Anguera, Chacón-Moscoso, & Sanduvete-Chaves, 2015)			
Item 4. Observation unit criteria (idiographic: study units are formed by one or more participants if there is a stable link between them; nomothetic: two or more study units); 0) Not identified; .5) Yes, observation units are identified, but without justification; 1) Yes, observation units are identified, with justification for the choice of an idiographic or nomothetic approach in accordance with the study objectives.	.81	.80	.80
Item 5. Temporal criteria (punctual: one or two observation sessions; follow-up: more than two observation sessions): 0) Not identified; .5) Criterion of temporality identified, but without differentiating; 1) Temporality criterion identified, differentiating between-session and within-session follow-up.	.83	.83	.79
Item 6. Dimensionality criteria (one-dimensional: one level of response; multidimensional: two or more levels of response): 0) Not identified; .5) Dimensions identified without reference to any conceptual framework; 1) Dimensions identified based on a conceptual framework.	.82	.78	.76
Criterion/dimension 3. Participants/observation units			
Item 7. Clear specification of inclusion and exclusion criteria for observation units (reasons why some units were chosen in the study and others were not): 0) No criteria or inadequate selection criteria for units, and/or with exceptions when applied; .5) Incidental (convenience, mainly accessibility); 1) Clear selection criteria for appropriate units, applied to all potential units (e.g., intentional or purposive sampling, selection based on inclusion criteria clearly specified according to the study objectives, random sampling).	.69	.71	.68
Item 8. Global attrition of units (attrition among chosen units from beginning to end): 0) 20% or more; .5) Less than 20%; 1) No; 9) Not applicable (idiographic).	<b>.30</b>	<b>.28</b>	<b>.31</b>
Criterion/dimension 4. Observation instruments			
Item 9. Adequacy of the observation instrument (combination of field format with category system, field format, category system, or scale of estimation [Anguera, 2003b]): 0) Observation instrument not available (e.g., only a list of behaviors provided); .5) Observation instrument described but not justified based on the objectives and observational design; 1) Observation instrument justified according to the objectives and observational design.	.87	.88	.82
Item 10. Codification manual with definition of the categories/behaviors and specification of dimensions (in multidimensional designs): 0) Manual not available; .5) Partial information (e.g., dimensions specified, but without definition of the categories/codes of each dimension); 1) Codification manual with definition of the categories/behaviors and specification of dimensions (in multidimensional designs).	.73	.73	.64
Criterion/dimension 5. Software use (Hernández-Mendo et al., 2014)			
Item 11. Software used to register data (SDIS-GSEQ v. 4.2.1./GSEQ 5, LINCSE, MATCH VISION STUDIO, Transana, other: specify), control data quality (SDIS-GSEQ v. 4.2.1./GSEQ 5, LINCSE, HOISAN, GT, SAS, other: specify), and analyze data (SDIS-GSEQ, HOISAN, THEME v. 6, R, SAS, other: specify): 0) Not used; .5) Used partially, only for some of the three aspects; 1) Used to register data, control data quality, and analyze data.	.80	.85	.84
Criterion/dimension 6. Data			
Item 12. Specification of data type (I, II, III, and IV [Bakeman, 1978]) as sequential/concurrent (sequential data: behaviors that cannot overlap and belong to a single dimension; concurrent data: behaviors that can co-occur and belong to several dimensions) and event-based/time-based (event-based: the primary parameter used in the record is order of events; time-based: the primary parameter is duration): 0) Data type not specified; .5) Data type specified but not justified; 1) Data type specified with justification; 9) Not applicable (non-sequential).	.68	.64	.64
Criterion/dimension 7. Specification of parameters			
Item 13. Type of parameters according to given use (Bakeman, 1978; Losada, 2000): 0) Primary, or basic, registration of a single category: frequency, order, and duration; .5) Secondary, derived from a single category record (ratios between primary indicators): average frequency, relative frequency, rate, relative duration, average duration, and other: specify; 1) Mixes, dynamic, or transition (two categories considered to analyze the transition from one category to another): transition frequency, relative frequency of transition, and relative duration of transition.	.57	.56	.55
Criterion/dimension 8. Observational sampling			
Item 14. Observation period (beginning and end of the segment of the behavioral flow to be studied) initially established: 0) No; .5) Unclear; 1) Yes.	<b>.44</b>	<b>.47</b>	<b>.44</b>
Item 15. Delimitation of sessions: clear establishment of criteria (temporal, behavioral, or mixed) for the beginning and the end of sessions within the observation period and of criteria for acceptance of sessions: between-sessions constancy, within-sessions constancy, or temporary disruptions (Anguera, 2003a): 0) Criteria not specified; .5) Criteria only partially specified; 1) All criteria to delimit sessions are specified.	.59	.58	.64
Item 16. Sampling rules: within-session sample of participants (Altmann, 1974): 0) No rules: ad libitum sampling; .5) Unclear; 1) Specified rules (focal: one unit of observation; scanning: more than one unit of observation, e.g. contiguous focal sampling, sequential focal sampling, alternate focal sampling; event sampling: observation units recorded if they manifest a certain event).	<b>.38</b>	<b>.34</b>	<b>.42</b>
Item 17. Within-session registration rules (Losada, 2000): 0) Not specified; .5) Unclear; 1) RAT (records activated by transitions), AO (records only of all occurrences of a category), S (sequential, records only of a sequence of categories); RAUT (records activated by units of time: intervals); instantaneous, momentary, or punctual (the last behavior that occurs at the end of the interval will be recorded); RAUT partial interval sampling (records of all categories that occur within the interval regardless of their frequency or duration); RAUT total interval sampling (records of the category present during the entire interval).	<b>.25</b>	<b>.25</b>	<b>.29</b>
Criterion/dimension 9. Data quality control			
Item 18. Between-observer reliability (agreement between the records of different observers)/within-observer reliability (agreement between the records of the same observer at two time points): 0) Not assessed; .5) Consensual agreement (qualitative); 1) Agreement is global (based on primary indicators, frequency, and duration) sequential (based on sequential-order indicators: Pearson correlation, Berk intra-class coefficient, etc.); or point-by-point (each record that each observer registers is compared): e.g., total percentage of agreement, kappa coefficient, generalizability theory).	.94	.94	.91
Criterion/dimension 10. Data analysis			
Item 19. Type of data analysis performed (Blanco-Villaseñor, Losada, & Anguera, 2003): 0) No data analysis; .33) Qualitative analysis only; .67) Descriptive analysis only; 1) Inferential analysis: relationship between categorical data (comparison of proportions); analysis of regularities (sequential analysis of delays, Markov chains, T-pattern detection, analysis of polar coordinate); multivariate analysis (logistic regression, log-linear, logit-probit, correspondence analysis); analysis of the temporal dimension (panel studies, trend analysis, time series); nonparametric tests; tests of relation (ordinal correlation, linear correlation, multiple correlation); multidimensional scaling; other: specify.	.89	.91	.84
Criterion/dimension 11. Interpretation of results			
Item 20. In the discussion section: 0) No interpretation of results or presentation of weaknesses or future developments; .5) Results are interpreted based on only the study objectives or only on cited studies in the scientific literature; and/or weaknesses or future developments are not presented; 1) Results are interpreted based on the study objectives and cited studies in the scientific literature; weaknesses and future developments are presented.	.88	.84	.82
Note: R = relevance; U = utility; F = feasibility. An item is considered appropriate when the values obtained in the three aspects measured (R, U, and F) are at least .5. Bold text indicates inappropriate results. Items 8, 14, 16, and 17 were removed from the final version of the MQCOM.			

## Results

Sanduvete-Chaves, Portell, & Anguera, 2013). An open-format item was also available to allow the experts to make suggestions, such as improving the writing of an item or changing it to another more appropriate item.

The instructions were elaborated following the principles of clarity and simplicity in vocabulary (Downing & Haladyna, 2006). Participants were asked to assess the degree of R, U, and F (definitions of these three aspects were provided) for each item on a scale of 1 to 5, and to (optionally) answer the open-format item.

This instrument, created in Spanish, was translated into English following a back-translation method (International Test Commission, 2005): three experts prepared the translation, and a fourth re-translated this final version back into Spanish. Discrepancies were discussed and corrections were made.

The instrument was made available on the Internet through Google Drive Forms. Data analysis was performed using Microsoft Excel.

### Procedure

#### Assignment of items to criteria/dimensions

All co-authors of this paper participated in ten multi-videoconference group brainstorming sessions over the course of 6 months, each lasting 2 hours and moderated by Author 1. During the sessions, the co-authors revised the items and confirmed their degree of agreement with their assigned criteria/dimensions.

Two independent coders, Author 1 and Author 5, separately assigned the 20 chosen items to the 11 criteria/dimensions, and intercoder reliability was examined by calculating Cohen's  $\kappa$  (Cohen, 1960). Any disagreement was resolved by consensus.

#### Process to obtain validity evidence based on test content

The developed instrument was sent to experts in either English or Spanish, depending on their native language, through an e-mail link to access to the instrument in Google Forms. After 15 days, we sent a reminder that the instrument was available using the same link. After another 15 days, we made the last call for answers in the same manner. After a final 15 days, the form was definitively closed to responses.

### Data analysis

After gathering information, the Osterlind (1998) index of congruence was calculated for each item and each aspect (R, U, and F) was measured. The following formula was used:

$$I_{ik} = \frac{(N-1) \sum_{j=1}^n X_{ijk} + N \sum_{j=1}^n X_{ijk} - \sum_{j=1}^n X_{ijk}}{2(N-1)n}$$

where  $N$  = number of criteria/dimensions (11 in this case);  $X_{ijk}$  = score given by each expert to each item referring to each aspect (-1 = strongly disagree; -.5 = disagree; 0 = neither agree nor disagree; .5 = agree; and 1 = strongly agree); and  $n$  = number of experts.

Resulting scores ranged from -1 to 1. Items that obtained a score of .5 or greater on the three aspects measured were included in the final version of the MQCOM.

The independent assignment of the 20 selected items to the 11 criteria/dimensions by Author 1 and Author 5 obtained an appropriate degree of inter-coder reliability,  $\kappa = 1$ ,  $p < .001$ , 99% CI [1, 1].

A total of 102 experts were invited by e-mail to complete the content validity questionnaire, 54 of whom responded through Google Forms. Fifty-three of the participants sent in responses after the first call for answers, one more participant responded after the second call, and no further responses were received after the final call for answers. Table 1 shows the Osterlind indexes obtained for each item for R, U, and F. There were no statistically significant differences in participants' answers depending on their experience in observational methodology or experience in its application.

A total of 16 items achieved an Osterlind index of .5 or higher. The following four items were removed from the original 20: item 8 (global attrition of units), item 14 (observation period), item 16 (sampling rules), and item 17 (within-session registration rules).

We analyzed all the items as a whole, considering that the range of possible results was from -1 to 1. For R,  $Mdn$  was .77, *semi-interquartile range (SIQR)* was .142, and values ranged from .25 to .94. For U,  $Mdn$  was .73, *SIQR* was .142, and values ranged from .25 to .94. Finally, for F,  $Mdn$  was .72, *SIQR* was .124, and values ranged from .29 to .91.

Table 2 shows the open-format comments made by the experts and the actions taken to address their suggestions.

All comments were provided by one expert, except those related to item 8, which were made by two experts, and those related to item 11, which were made by four experts. All experts' suggestions were considered in the final version of the proposed checklist. The suggestions concerned providing more details and specification about the content of the items, improving the definitions, and including references. Table 1 shows the final version of the MQCOM after making changes based on the results from the Osterlind indexes and the experts' comments. The final version included 16 items.

### STAGE 2: INTERCODER RELIABILITY

To obtain indirect evidence of the instrument's validity (clear operational definitions of constructs involved in each of the instrument criteria), we conducted a study of intercoder reliability.

### Method

#### Participants

Three co-authors of this paper participated. Author 2 (an expert in observational methodology) and Author 5 (a non-expert) coded the studies. Author 1 resolved discrepancies between the coders with respect to the meaning of the items. Each coder had a high level of written English comprehension.

#### Instruments

The 16-item checklist developed in Stage 1 was applied. Using simple randomization, we selected 19 papers from an updated

*Table 2*  
Open-format comments provided by experts and resulting actions

Item <sup>a</sup>	Comment	Action <sup>b</sup>
<b>Item 8.</b> Global attrition of units	Regarding attrition, I understand that if it occurs in studies of direct systematic observation in real situations, it has a minor importance (with another meaning) compared in selective studies with longitudinal design.	This item was eliminated because it did not fulfill the inclusion criteria in the study of validity based on test content.
<b>Item 9.</b> Adequacy of the observation instrument	One might think that item 9 could raise more doubt for non-experts in terms of definition.	The description of the item was simplified, and a reference was added.
<b>Item 10.</b> Codification manual	I would explain with an example of each the categories.	An example of each category was added.
<b>Item 11.</b> Software use	Missing references for papers regarding LINCE and HOISAN.	Missing references were included.
<b>Item 19.</b> Data analysis	You could include more items related to the type of data analysis that this methodology allows, e.g., descriptive, inferential, regression, and sequential.	Partially done. Different types of analysis were included and delimited in greater detail within the same item (additional items were not added).

*Note:* Only items that received comments have been included in Table 2  
<sup>a</sup> Items appear in abbreviated form; full items are available in Table 1. <sup>b</sup> The changes resulting from the experts' comments are reflected in the final version of the checklist (Table 1)

computerized database of studies that applied observational methodology to investigate soccer (see Appendix). SPSS 25.0 was used to calculate Cohen's  $\kappa$ .

*Procedure*

The two coders (Author 2 and Author 5) were trained in the application of the checklist. First, they discussed each item and the options. Author 1 mediated when discrepancies were difficult to resolve. Next, both coders independently applied the checklist to a single paper based on observational methodology. Before the two coders independently coded the selected papers, any discrepancies were resolved with the arbitration of Author 1. Once the coders completed the training, 19 numbers were randomly generated without repetition using a website. The 19 papers corresponding to the randomly generated numbers were selected from the database of numbered studies already collected. The two coders independently applied the checklist developed in Stage 1 to the selected papers.

*Data analysis*

Cohen's  $\kappa$  was calculated for each item to study the concordance between coders. Values over .7 were considered to show adequate intercoder reliability (López-Pina et al., 2015).

**Results**

Table 3 presents the intercoder reliability results obtained for each item. All 16 items obtained statistically significant  $\kappa$  values above .7. Three items (6, 10, and 20) obtained an agreement value between .75 and .8; five (items 3, 7, 12, 15, and 19) obtained an agreement value between .8 and .9; and eight (items 1, 2, 4, 5, 9, 11, 13, and 18) obtained an agreement value between .9 and 1. Four of these (items 1, 4, 11, and 18) obtained the highest possible agreement.

The CI provided information regarding the accuracy of results and ranged in amplitude from 0, 99% CI [1 – 1] (items 1, 4, 11, and 18) to .607, 99% CI [.393 – 1] (items 6 and 10).

**Discussion**

This study proposed a simple, relevant, and useful 16-item checklist designed for use by intervention professionals applying observational methodology in various areas. The checklist, called the MQCOM, includes individual methodological features that serve as quality indicators to be considered when designing, implementing, or evaluating a study based on observational methodology.

The study further proposed the necessary main criteria/dimensions to consider in observational methodology, specifically concerning successive methodological decisions to follow the process of observational methodology, and explicitly clarified the minimum operational items that should be considered; thus, some criteria/dimensions include only a single item.

*Table 3*  
Results of intercoder reliability testing

Item	$\kappa$	99% CI
1	1**	[1–1]
2	.905**	[.498–1]
3	.824**	[.439–1]
4	1**	[1–1]
5	.905**	[.498–1]
6	.755**	[.393–1]
7	.824**	[.439–1]
9	.905**	[.498–1]
10	.755**	[.393–1]
11	1**	[1–1]
12	.824**	[.439–1]
13	.905**	[.498–1]
15	.824**	[.439–1]
18	1**	[1–1]
19	.824**	[.439–1]
20	.765**	[.409–1]

*Note:* Missing items were removed in Stage 1.  $\kappa$  = Cohen's  $\kappa$  coefficient.  
 \*\*  $p < .01$

The main strengths of this paper are that it presents a new checklist answering a clear need in this applied area, it is based on an exhaustive literature review (research group results obtained over the last 30 years), and it employed assessment of quantitative and qualitative data by a significant number of judges (19 of whom had more than 15 years of experience in observational methodology). According to Prieto and Muñiz (2000), a wide number of experts were consulted (54,  $N > 30$ ). All suggestions made by the judges to improve the checklist were considered in the final version.

The study has a possible limitation regarding the relatively small number of papers included in the intercoder reliability study and their level of specificity (observational methodology applied to soccer only). Nevertheless, the objective of the exploratory intercoder reliability study was to analyze the reliability of the checklist, not its generalizability. We consider this study a starting point from which to apply the MQCOM extensively in various research areas based on observational methodology. We invite readers and potential users to apply this checklist and share their results to further research of its dimensionality, level of invariance, or possible points of convergence or divergence with other instruments applied in different types of methodologies.

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Appendix

List of papers selected and used in stage 2 to test intercoder reliability

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